



Meals

Chicken Cacciatore & Couscous	10/20
Chicken Breast, Heather's Homemade Tomato Sugo, Mediterranean Vegetable Couscous	
Beef Goulash (gf)	10/20
Slow Cooked Beef, Sweet & Smokey Paprika, Steamed Rice & Yogurt	
Honey Mustard Chicken (gf)	10/20
Pan-Fried Chicken Breast, Creamy Mustard Sauce, Steamed Rice	
Butter Chicken Curry (gf)	10/20
Chicken, Buttery Mild Curry, Steamed Rice	
Thai Red Vegetable Curry (gf, v)	10/20
Seasonal Vegetables, Mild Thai Red Curry Sauce, Steamed Rice	
Indian Beef Curry (gf)	10/20
Mild Indian Beef Curry, Steamed Rice	

Small - 400gms / Large - 900gms

Please note that menu items may contain traces of nut, egg, wheat, soy, seeds and any other allergens. Heather's Home Cooking takes the upmost care when preparing meals however we are unable to guarantee the absence of the above ingredients in its menu items

Pasta

Beef Lasagne Layers of Beef Ragu, Durum Wheat Pasta, Bechamel & Mozzarella	9/19
Vegetarian Lasagne (v) Layers of Sautéed Vegetables, Heather's Homemade Tomato Sugo, Durum Wheat Pasta, Bechamel & Mozzarella	9/19
Gnocchi Sorrentina (v) Potato Gnocchi, Heather's Homemade Tomato Sugo, Fresh Basil & Mozzarella	9/19
Gnocchi Gorgonzola & Leek (v) Potato Gnocchi, Creamy Leek and Gorgonzola Sauce	9/19
Casarecce Boscaiola Pan-Fried Mushrooms, Italian Sausage, Garden Peas, Casarecce Pasta, Heather's Homemade Tomato Sugo	9/19
Rigatoni 'Alla Norma' (v) Durum Wheat Rigatoni Pasta, Basil & Eggplant Tomato Sauce, Mozzarella & Parmesan	9/19
Sicilian 'White' Lasagne (v) Layers of Sautéed Vegetables, Durum Wheat Pasta, Bechamel & Mozzarella	9/19
Orecchiette Salsiccia Broccoli Orecchiette Pasta, Slow Cooked Italian Pork Sausage & Broccoli Sauce, Fresh Basil & Parsley	9/19

Small - 400gms / Large - 900gms

Gluten Free Pasta

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Beef Lasagne (gf) 10/20
Layers of Beef Ragu, Corn & Rice Pasta, Bechamel & Mozzarella

Vegetarian Lasagne (gf, v) 10/20
Layers of Sautéed Vegetables, Corn & Rice Pasta, Bechamel & Mozzarella

Small - 400gms / Large - 900gms

Pasta Sauces (One Litre)

Bolognese Sauce	10
Heather's Home Cooking Tomato Sugo (v)	10
Creamy Mushroom & Bacon Carbonara Sauce	10

Sides

Steamed Rice	5/10
Steamed Seasonal Vegetables, EVOO	5/10
Mediterranean Vegetable Couscous	8/12

Order Online

Order your meals before 4pm Friday for collection or delivery on Wednesday.

Delivery charges apply: metropolitan area \$10

Email hello@heathershomecooking.com.au

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Instore & Collection

We are open Monday to Friday 9am - 4pm collect your meals when it's convenient for you.

Did you know we also stock a daily range of freshly prepared meals including pastas, salads & hot dishes?

Come and say hello, our kitchen is located at 1/27 Collingwood Street, Osborne Park.

Delivery

We deliver every Wednesday, please fill in the order form provided.

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